

Extra-Curricular Activities



Spring Term 2024

If you would like to enrol your child for any of the activities,
please email the relevant member of staff.

Please note that some activities have a limited number of spaces
and places are allocated on a first come, first served basis.

**Activities begin on Monday 15 January
and finish on Friday 15 March**

Art Club

Tuesday	1600-1700	Art Room	F5 - F8	Miss K Hallam
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Fun, informal club where children can extend their experience using a range of materials and techniques. Cost: £40 - will be added to the end-of-term bill. Maximum number: 18

Email: staffkhallam@craigclowan-school.co.uk

Boxercise

Thursday	1600-1700	Games Hall	F4 - F7	Miss J Gray
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Boxercise, run by James Knight, uses the techniques of boxing and kickboxing added into an exercise format like circuits. The children will be taken through a combination of boxing and kickboxing drills for high intensity exercise in a safe environment. Kit required: Games kit & trainers. Cost: £64 - will be added to the end-of-term bill.

Email: staffjgray@craigclowan-school.co.uk

Chess Club

Tuesday	1600-1700	R 32	F3 - F8	Mr J Doak
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Children learn about the game and play against opponents of all abilities. The aim is to have fun and enjoy this beautiful, strategic game.

Email: staffjdoak@craigclowan-school.co.uk

Concert Choir

Tuesday	1330-1400	Rix Room	F4 - F8	Mrs S Clark
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Concert Choir is the school's more advanced choir. Commitment is expected of choristers but the aim is to have fun and sing to a high standard.

Email: staffsclark@craigclowan-school.co.uk

Cross Country

Tuesday	1600-1700	School Grounds	F5 - F8	Mme Thompson
Thursday	1300-1330			

Cross Country is an all-inclusive activity which develops fitness, stamina and strength. It encourages children to exercise in, and enjoy, any type of weather. Kit required: Craigclowan shorts and polo or rugby shirt and trainers with a thread/grip; hat, gloves and baselayer on colder days; spikes optional for races.

Email: staffthompson@craigclowan-school.co.uk

Debating

Wednesday	1600-1700	R 1	F5 - F8	Mme Thompson
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Improve your communication skills and master the art of arguing. Present your evidence and discuss a topic dear to your heart, formally or sometimes less so. Bring a pen or pencil, but no paper.

Email: staffthompson@craigclowan-school.co.uk

Fencing

Monday	1600-1730	Salle Ossian Fencing Club	F3 - F8	Mrs E Denyer
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An opportunity to try out this olympic sport using great facilities. Kit required: Games kit & indoor trainers. Cost: £10 annual membership fee & £92 for the term - will be added to the end-of-term bill. Maximum number: 16

Email: staffedenyer@craigclowan-school.co.uk

Football

Monday	1600-1700	Pattinson Field	F6 - F8 after HT	Mr S Adams
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Learning skills and having fun on the football field. Kit required: Games kit. Maximum number: 24

Email: staffsadams@craigclowan-school.co.uk

Hama Beads

Wednesday	1600-1645	R 16	F2 & F3	Mrs R Grahame
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Get creative and have fun making your own wonderful designs with hama beads! Maximum number: 8

Email: staffgrahame@craigclowan-school.co.uk

Hockey Academy

Monday	1300-1330	Astro	F7 & F8	Mrs P Stott
Tuesday			F5 & F6	

For pupils who would like to enhance their individual skills, tactical awareness and fun game play. Kit required: Games kit

Email: staffpstott@craigclowan-school.co.uk

Judo

Monday	1600-1650	Games Hall	F2 & F3	Mrs J Trueland
	1650-1750		F4 - F8	

Judo helps improve self-confidence and resilience. Children will get fit and their flexibility will improve. This is also a great opportunity to learn an Olympic and Paralympic sport. Classes are taught by Andy McInroy of Tayside Judo Club. Kit required: Judo suit or tracksuit bottoms and long sleeved T shirt or hoodie. The Craigclowan tracksuit top is not suitable. Cost: £64 - will be added to the end-of-term bill. Maximum number: 20 per class. Please note that priority will be given to those who are already registered and doing their judo gradings.

Email: headspa@craigclowan-school.co.uk

Pre-School Football (St Johnstone)

Friday	1300-1400	Games Hall	Pre-School (all)	Miss J Gray
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Fun football sessions with St Johnstone coaches. Sessions include fun warm ups, small sided games, skills and techniques. Cost: £50 - will be added to the end-of-term bill. Maximum number: 16

Email: staffjgray@craigclowan-school.co.uk

Pre-School Hockey

Wednesday	0945-1030	Games Hall	Owls	Miss J Gray
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Learning hockey skills through fun games and team building activities with Head of Hockey and former Olympian, Pauline Stott MBE. Cost for the term: £50 - will be added to the end-of-term bill. Maximum number: 10

Email: staffjgray@craigclowan-school.co.uk

Pre-School Rugby

Tuesday	1300-1400	Games Hall	Squirrels & Hedgehogs	Miss J Gray
Thursday			Owls	

Pre-School Rugby, run by James Knight of Rugby Nippers, gives children the opportunity to develop core motor skills while focusing on rugby specific activities. Kit required: Games kit & trainers. Cost for the term: £50 - will be added to the end-of-term bill. Maximum number: 16

Email: staffjgray@craigclowan-school.co.uk

Pre-School Street Dance

Thursday	1500-1545	Library	Pre-School (all)	Miss J Gray
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Street Dance is a great way to learn to dance, keep fit and enjoy yourself at the same time. Classes are taught by Laura Grant of JGN Dance Attic in Perth. Cost: £48 - will be added to the end-of-term bill. Maximum number: 10
Email: staffjgray@craigclowan-school.co.uk

Pre-School Tennis

Wednesday	1300-1400	Games Hall	Owls	Miss J Gray
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Pupils will take part in skill sessions and finish on games and fun activities with coach, Jane Morrison. Kit required: Games kit. Cost: £50 - will be added to the end-of-term bill. Maximum number: 10
Email: staffjgray@craigclowan-school.co.uk

Rugby Nippers

Tuesday	1600-1645	Games Hall	F1 - F3	Miss J Gray
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Rugby Nippers, run by James Knight, gives children the opportunity to develop core motor skills while focusing on rugby specific activities. Kit required: Games kit & trainers. Cost for the term: £50 - will be added to the end-of-term bill. Maximum number: 16
Email: staffjgray@craigclowan-school.co.uk

Rugby Skills

Tuesday	1300-1330	Pattinson Field	F4 - F8	Mr M Jenns
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Skills development, game awareness and fun! Kit required: Games kit & rugby boots. Maximum number: 20
Email: staffmjenns@craigclowan-school.co.uk

Sewing Club

Tuesday	1600-1700	R 9	F2 - F4	Mrs J Morrison
Wednesday		Art Room	F3 & F4	

In Sewing Club, children get creative, learn new skills and have fun! Cost, which includes all materials: £44 - will be added to the end-of-term bill. Maximum number: 8
Email: scottishtennisholidays@hotmail.co.uk

Skiing

Monday	1200-1300 1400-1500	Ski Slope	F3 & F4 F1 & F2	Mrs F Grant
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Lessons on the dry slope with Liam Pogson. Lessons for Forms 3 & 4 will take place during games time, and lessons for Forms 1 & 2 will take place during class time, but not during key maths or language lessons. Kit required: Waterproof ski trousers & jacket, thermal top, games top, ski gloves, ski socks (not ankle socks or games socks), snacks & water bottle. Cost for the term: £148, plus £40 for equipment hire, if required - will be added to the end-of-term bill. Maximum number per group: 16
Email: stafffgrant@craigclowan-school.co.uk

Ski Race Training

Monday	1600-1715 1730-1845	Ski Slope	F1 - F4 F5 - F8	Mrs F Grant
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Training on the dry slope with Liam Pogson. Your child should already be able to do the following: Forms 1-4: Dress for skiing independently, snowplough turn and confidently use the tow; Forms 5-8: Parallel turn and confidently use the tow. Kit required: Waterproof ski trousers & jacket, thermal top, games top, ski gloves, ski socks (not ankle socks or games socks), snacks & water bottle. Cost for the term: £192, plus £40 for equipment hire, if required - will be added to the end-of-term bill. Maximum number per group: 16

Email: staffgrant@craigclowan-school.co.uk

Skiing at Glenshee

Saturday	0615-1645	Glenshee	F3 - F8	Mrs F Grant
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Day includes six hours of instruction with a qualified ski instructor. A clarion call with a link to a consent form will be sent out each week. Children can take their own equipment, or hire. Cost for the day: £80, which includes travel, equipment hire (boots, skis and helmet), lift pass and 6 hours of instruction - will be added to the end-of-term bill. If you already have a season pass or your own equipment, the cost will be reduced by £8 and £5 respectively.

Street Dance

Thursday	1600-1700	Rix Room	F1 - F5	Miss J Gray
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Street Dance is a great way to learn to dance, keep fit and enjoy yourself at the same time. Classes are taught by Laura Grant of JGN Dance Attic in Perth. Kit required: Games kit & indoor shoes. Cost: £50 - will be added to the end-of-term bill. Maximum number: 16

Email: staffjgray@craigclowan-school.co.uk

Strings Aloud

Friday	1330-1400	Rix Room	By invitation	Mrs S Clark
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Strings Aloud gives young players of an elementary to intermediate standard the chance to play together on a weekly basis. They will also have the opportunity to perform at concerts and festivals.

Tennis

Friday	1600-1645 1645-1730	Games Hall	F3 & F4 F5 - F8	Mrs S MacLeod
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Lessons with Siobhan MacLeod, Head Coach at Kinross Tennis Club. Each session will concentrate on a different shot, allowing players to learn the technique and put it into practice through fun games and activities. We will also work on rallying, match play skills, and scoring, and end the term with a team challenge where players will compete as part of a team in games or matches, so they can see how far they have progressed over the term. Maximum number: 12. Kit required: Games kit. Cost: £60 - to enrol your child and arrange payment directly with Siobhan: F3 & F4:

<https://clubspark.lta.org.uk/SiobhanMacLeodCoaching/Coaching/Course/b7f709c4-2732-4167-984e-2561f35c1b42>

F5 - F8: <https://clubspark.lta.org.uk/SiobhanMacLeodCoaching/Coaching/Course/b11341ea-52ef-4929-9b42-0c5771154554>

Please note that the 8 sessions are on 19/26 Jan, 02/09/23 Feb, 01/08/15 Mar, not exactly those shown on Siobhan's web page.

Write Your Own Book

Tuesday	1600-1700	R 33	F5 - F8	Mr S Adams
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This club is for anyone who might have thought about writing an entire book. We'll plan a book from start to finish - thinking about genre, plot and sub-plots, characters and antagonists, time and place settings. Then we'll start writing!

Email: staffsadams@craigclowan-school.co.uk

Pre-School

Football
Hockey (O)
Rugby
Street Dance
Tennis (O)

Form 1

Rugby Nippers
Ski Race Training
Skiing
Street Dance

Form 2

Hama Beads
Judo
Rugby Nippers
Sewing Club
Ski Race Training
Skiing
Street Dance

Form 3

Chess Club
Fencing
Hama Beads
Judo
Rugby Nippers
Sewing Club
Ski Race Training
Skiing
Skiing at Glenshee
Street Dance
Tennis

Form 4

Boxercise
Chess Club
Concert Choir
Fencing
Judo
Rugby Skills
Sewing Club
Ski Race Training
Skiing
Skiing at Glenshee
Street Dance
Tennis

Form 5

Art Club
Boxercise
Chess Club
Concert Choir
Cross Country
Debating
Fencing
Hockey Academy
Judo
Rugby Skills
Ski Race Training
Skiing at Glenshee
Street Dance
Tennis
Write Your Own Book

Form 6

Art Club
Boxercise
Chess Club
Concert Choir
Cross Country
Debating
Fencing
Football
Hockey Academy
Judo
Rugby Skills
Ski Race Training
Skiing at Glenshee
Tennis
Write Your Own Book

Form 7

Art Club
Boxercise
Chess Club
Concert Choir
Cross Country
Debating
Fencing
Football
Hockey Academy
Judo
Rugby Skills
Ski Race Training
Skiing at Glenshee
Tennis
Write Your Own Book

Form 8

Art Club
Chess Club
Concert Choir
Cross Country
Debating
Fencing
Football
Hockey Academy
Judo
Rugby Skills
Ski Race Training
Skiing at Glenshee
Tennis
Write Your Own Book